

## Trust in God Alone



MEMORY VERSE: “He alone is my rock and salvation, my fortress where I will never be shaken.” Psalm 62:2

**David was under attack. These people were scheming to take over his rule as king, as well as, trying to kill him.**

### DAY 1 PSALM 62:1-5—Waiting on God

1. What does David do before God? Why? vv. 1, 5
2. What were David’s enemies doing? vs. 3-4
3. How much do you trust and rely on God when you are facing hard things/personal attacks? (1 do not - 10 fully) Explain.
4. What does 1 Peter 3:9 tell you?

### DAY 2 PSALM 62:6-8—Confidence in God Alone

5. In verses 2 and 6, David calls God his rock, his salvation/deliverer and his fortress. Choose one of these words and tell why God is that to you.
6. What does David tell us to do? vs. 8

7. What does “*trust in him at all times*” mean to you?

### DAY 3 PSALM 62:9-10—Don’t Put Your Confidence in Man

8. Why do you think putting your trust in people (for hope, peace, strength, wisdom, life...) instead of God is like putting your hope in thin air?

9. Most of us probably aren’t tempted to use threats or robbery to get out of our trials, but we may be tempted to trust in money. What do these verses tell you about money:

1 Timothy 6:10

Matthew 6:19-21

10. How have you seen the emptiness of putting your confidence in others or stuff?

### DAY 4 PSALM 62:11-12—God’s Power and Mercy

11. What promise is given in verses 11-12?

12. When we face trials, Satan often attacks our confidence in God’s love and/or power. What do these verses tell us?

Lamentations 3:22-26

2 Peter 1:3-4

13. Can you think of any of Satan's lies that you have been believing that keep you from totally trusting God?

14. One day we will "rejoice" when evil people are judged and justice is done. (Revelation 18:20)  
What should our attitude toward our enemies be in the meantime? Read Luke 6:27-28.

## DAY 5 PSALM 62—Wrap Up

15. David knew God personally as his victory, his rock, his salvation, his fortress, his hope, and his refuge. Which of these do you need to ask God to make more clear to you? Why?

16. Some Christians run away from God when attacked, while other Christians run straight to Him. What makes the difference?

### TAKE AWAY

Start praying for your enemies today and everyday! You will be amazed at how your attitude will change!

### BLESSING

You will be at peace if God alone is your salvation and refuge. Psalm 62

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For Jeduthun, the choir director: A psalm of David.

- 1 I wait quietly before God,  
for my victory comes from Him.
- 2 He alone is my rock and my salvation,  
my fortress where I will never be shaken.
- 3 So many enemies against one man—  
all of them trying to kill me.  
To them I'm just a broken-down wall  
or a tottering fence.
- 4 They plan to topple me from my high position.  
They delight in telling lies about me.  
They praise me to my face  
but curse me in their hearts.
- 5 Let all that I am wait quietly before God,  
for my hope is in Him.
- 6 He alone is my rock and my salvation,  
my fortress where I will not be shaken.
- 7 My victory and honor come from God alone.  
He is my refuge, a rock where no enemy can reach me.
- 8 O my people, trust in Him at all times.  
Pour out your heart to Him,  
for God is our refuge.
- 9 Common people are as worthless as a puff of wind,  
and the powerful are not what they appear to be.  
If you weigh them on the scales,  
together they are lighter than a breath of air.
- 10 Don't make your living by extortion  
or put your hope in stealing.  
And if your wealth increases,  
don't make it the center of your life.
- 11 God has spoken plainly,  
and I have heard it many times:  
Power, O God, belongs to You;
- 12 unending love, O Lord, is Yours.  
Surely You repay all people  
according to what they have done.

