




Trust in God Alone

 MEMORY VERSE: "O my people, trust in Him at all times. Pour out your heart to Him, for God is our refuge." Psalm 62:8




PSALM 62:1-2 Waiting and Trusting God

King David was under attack. People were scheming to take over his rule as king and trying to kill him.

1. What does David do before God? Why? v.1 What do you think "wait quietly before God" means?
2. Where does our victory come from? What do you think that means?
3. What three words did David use to describe God in verse 2? Choose one of these words and explain how God is this to you as well.



PSALM 62:3-8 God Is My Refuge from My Enemies

4. What were David's enemies doing? vv. 3-4 What does being attacked by "enemies" look like today?
 5. How is God there for us when we are attacked by our enemies? vv. 5-7
 6. What does David tell us to do in verse 8? What does "trust in him at all times" mean to you?
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PSALM 62:9-12 Don't Put Your Trust in Things of This World

- 7. Read verse 9. How does David describe people (compared to God)? Why is putting our hope in people a bad idea?

- 8. Verse 10 warns us that money, like people, will also fail us. What are some other things the world tells us to put our trust in? Do these work?

- 9. Sometimes our trust in God is shaken by difficult times (or enemies), sometimes it is shaken by simply choosing to put our trust in worldly things instead of in God. What are we reminded of verses 11 and 12?

BELIEVE THE TRUTH

Psalm 62 tells us that the things of this world cannot be trusted. Good men will fail us, and bad men (or our enemies) will attack us. But God is our Rock, in Him we cannot be shaken. May you remember that victory comes from God alone!

PRAY THE TRUTH

Dear Lord, thank You for being my rock, my fortress, my refuge. Help me to remember this in times of trouble or when I feel like I'm being attacked. I know that Your Word says that only You can be trusted and that things of this world will fail me. Please help me to remember that when culture tempts me to put my trust in only in You! Amen.

WALK IN TRUTH



Reread the memory verse. What is it that makes you feel 'shaken'? What are some things you can do to put your trust in God when this happens?



Psalm 62 (NLT)

For Jeduthun, the choir director: A psalm of David.

- 1 I wait quietly before God,
for my victory comes from Him.
- 2 He alone is my rock and my salvation,
my fortress where I will never be shaken.
- 3 So many enemies against one man—
all of them trying to kill me.
To them I'm just a broken-down wall
or a tottering fence.
- 4 They plan to topple me from my high position.
They delight in telling lies about me.
They praise me to my face
but curse me in their hearts.
- 5 Let all that I am wait quietly before God,
for my hope is in Him.
- 6 He alone is my rock and my salvation,
my fortress where I will not be shaken.
- 7 My victory and honor come from God alone.
He is my refuge, a rock where no enemy can reach me.
- 8 O my people, trust in Him at all times.
Pour out your heart to Him,
for God is our refuge.
- 9 Common people are as worthless as a puff of wind,
and the powerful are not what they appear to be.
If you weigh them on the scales,
together they are lighter than a breath of air.
- 10 Don't make your living by extortion
or put your hope in stealing.
And if your wealth increases,
don't make it the center of your life.
- 11 God has spoken plainly,
and I have heard it many times:
Power, O God, belongs to You;
12 unfailing love, O Lord, is Yours.
Surely You repay all people
according to what they have done.

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