

Praise the Lord



MEMORY VERSE: "Let all that I am praise the Lord; with my whole heart, I will praise His holy name. Let all that I am praise the Lord; may I never forget the good things He does for me." Psalm 103:1-2



PSALM 103:1-6 Praise God's Holy Name

1. How does King David begin this Psalm? vv. 1-2 Why is it important for us to praise God for His character and for who He is?
2. What special blessings from God (benefits of knowing Him) are listed in verses 3-6? Which benefit speaks to you most right now? Why?
3. List some of the 'good things God has done for you'? Write or say a prayer thanking and praising Him for these things.



PSALM 103:7-13 God's Mercy and Unfailing Love

4. How does the Lord respond to the sinfulness of people? vv. 8-10
5. Why do you think David uses the illustrations he does in verses 11-12? How do these illustrations encourage you in your own walk with God?
6. Read verse 13. How is God like a Father to us?



PSALM 103:14-22 The Greatness of God

7. How are we described in verses 14-16? How does this compare to God? v. 17

8. To whom does the Lord give His blessings? vv. 17-18

9. Read verse 19. Why should this make us want to praise Him?

10. Read verses 20-22. What specific instructions conclude the psalm? v. 22

BELIEVE THE TRUTH

May you, like David, praise God with your whole heart! Remember these truths: Our God forgives, heals, and redeems, He is compassionate, merciful, and loving, He is not harsh, angry, or unjust. God fills our lives with good things. And most importantly, He is seated on His heavenly throne, Ruler over everything. Praise God with all that you are, for all that He is!

PRAY THE TRUTH

Heavenly Father, thank You for Your many blessings. Thank You for forgiving my sins, for Your never ending love, and for Your mercy and compassion. I praise You, for You alone are worthy. Please help me to live my life remembering Your goodness and praising Your name. Amen

WALK IN TRUTH



David gives us a lot of SPECIFIC things about God that are worthy of our praise: His greatness, His forgiveness, His compassion, His works, and He tells us to praise Him everywhere! For WHAT and WHERE do you feel called to praise God this week?



Psalm 103 (NLT)

A psalm of David.

1 Let all that I am praise the Lord;
with my whole heart, I will praise His holy
name.

2 Let all that I am praise the Lord;
may I never forget the good things He
does for me.

3 He forgives all my sins
and heals all my diseases.

4 He redeems me from death
and crowns me with love and tender
mercies.

5 He fills my life with good things.
My youth is renewed like the eagle's!

6 The Lord gives righteousness
and justice to all who are treated unfairly.

7 He revealed His character to Moses
and His deeds to the people of Israel.

8 The Lord is compassionate and
merciful,
slow to get angry and filled with unfailing
love.

9 He will not constantly accuse us,
nor remain angry forever.

10 He does not punish us for all our sins;
He does not deal harshly with us, as we
deserve.

11 For His unfailing love toward those
who fear Him
is as great as the height of the heavens
above the earth.

12 He has removed our sins as far from
us
as the east is from the west.

13 The Lord is like a father to His children,
tender and compassionate to those who
fear Him.

14 For he knows how weak we are;
He remembers we are only dust.

15 Our days on earth are like grass;
like wildflowers, we bloom and die.

16 The wind blows, and we are gone—
as though we had never been here.

17 But the love of the Lord remains forever
with those who fear Him.

His salvation extends to the children's children
18 of those who are faithful to His covenant,
of those who obey His commandments!

19 The Lord has made the heavens His throne;
from there He rules over everything.

20 Praise the Lord, you angels,
you mighty ones who carry out His plans,
listening for each of His commands.

21 Yes, praise the Lord, you armies of angels
who serve Him and do His will!

22 Praise the Lord, everything He has created,
everything in all His kingdom.
Let all that I am praise the Lord.

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