# TRUTH Psalms - Psalm 1















## The Path of the Godly



MEMORY VERSE: "For the Lord watches over the path of the godly, but the path of the wicked leads to destruction." Psalm 1:6



PSALM 1:1-2 Delight in God's Law

- 1. What do verses 1-2 tell us not to do? What do they tell us to do?
- 2. The law of the Lord is His Word, the Bible. What do you think "delighting" and "meditating" on the Bible looks like?
- 3. Review the definition of Joy/Blessed. Why do you think we are blessed if we delight in the Bible and meditate on it?



PSALM 1:3 Trees Planted in God's Word

- 4. What does the author David say we are like when we delight in God's Word?
- 5. What does it mean to produce fruit? What fruit does Galatians 5:22-23 tell us we will bear?
- 6. What do you think "they prosper in all they do" means? How does this apply to hard and tough circumstances? Also see Romans 8:28.























7. How do verses 4-5 describe the wicked/ungodly?

- 8. Look at the definitions of godly and ungodly. What does 2 Timothy 3:15-16 tell us about how Scripture makes us godly?
- 9. Read verse 6. What path are you on: do you feel that your path is being watched over by the Lord or one that leads to destruction?

#### BELIEVE THE TRUTH

Psalm 1 teaches us that loving God and loving His Word (the Bible) puts us on a path that is blessed and protected by the Lord. On the other hand, those who don't live in close relationship with God and in His Word are on a path of destruction. How cool is it that the God of the universe wants a close relationship with YOU?!

#### PRAY THE TRUTH

Dear Jesus, thank You for wanting to be in relationship with me and showing me how You want me to live. I want to be like the tree planted by streams that bears fruit for You. Help me to remember and to be confident that You protect me and watch over me in both good and bad times. In Jesus' name, Amen.



How does this Psalm change how you think about God's Word? How can you put this change into action in your life this week, month, or year?















### Psalm 1 (NLT)

1 Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers.

2 But they delight in the law of the Lord, meditating on it day and night.

3 They are like trees planted along the riverbank, bearing fruit each season.

Their leaves never wither, and they prosper in all they do.

4 But not the wicked!

They are like worthless chaff, scattered by the wind.5 They will be condemned at the time of judgment.Sinners will have no place among the godly.6 For the Lord watches over the path of the godly, but the path of the wicked leads to destruction.

Galatians 5:22-23: But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!

Romans 8:28: And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.

2 Timothy 3:15-16 (MSG): There's nothing like the written Word of God for showing you the way to salvation through faith in Christ Jesus. Every part of Scripture is Godbreathed and useful one way or another—showing us truth, exposing our rebellion, correcting our mistakes, training us to live God's way. Through the Word we are put together and shaped up for the tasks God has for us.

**Joy/Blessed**: God's favor and love; real contentment; a deep, abiding sense of His presence and protection. Deep inner joy that nothing in life can give or steal.

**Godly**: After a person accepts Jesus Christ as their Lord and Savior, the Holy Spirit helps them recognize God's right way from the wrong; to voluntarily surrender one's own will to do what is right in God's sight; with the Holy Spirit's help, to resist sin even under pressure and temptation.

**Ungodly**: those who do not know God through Jesus Christ and actively oppose God in disobedience; separated from God; to mock God.

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