IN TRUTH Psalm 51



Have Mercy on Me

MEMORY VERSE: "Create in me a clean heart, O God. Renew a loyal spirit within me." Psalm 51:10

David committed adultery with Bathsheba and she got pregnant. David tried to cover it up by tricking people into thinking that her husband was the father. When that didn't work, David had Bathsheba's husband killed and then took her as his wife. David thought he got away with his sin, but God sent Nathan to confront him with the truth. Psalm 51 is David's confession - a deep, heartfelt plea to God for forgiveness, healing and restoration.

DAY 1 PSALM 51:1-2—Plea for Mercy

- 1. Read Romans 3:22-23, 25a. How would you explain why faith in Jesus Christ makes you right with God?
- 2. What does David want God to do? vv.1-2
- 3. What does 1 John 1:9 tell you?
- 4. What has God done with our forgiven sins? See Psalm 103:12.

DAY 2 PSALM 51:3-7—Sin Against God

- 5. What impact does guilt and shame have on us?
- 6. What are your thoughts on the fact that every sin is 1st against God?

- 7. Why is God's judgment against us always just?
- 8. God always welcomes us home. No matter how guilty you feel or how terribly you have sinned, you can pour your heart to God and receive His forgiveness. Do you ever hesitate to come to God? Why are we always better off if we run to Him?

DAY 3 PSALM 51:8-12—A Clean Heart

- 9. David's sins haunted him and made him miserable. What does David ask?
 - vs. 8
 - vs. 9
 - vs. 10
 - vs. 11
 - vs. 12

Which of these verses impacts you the most? Why?

- 10. Sin will cause you to go farther than you want to go, stay longer than you want to stay and pay more than you want to pay. What does this saying mean to you?
- 11. Where there is sin, there are consequences. But where there is grace, there is restoration and healing. What does this tell you?

DAY 4 PSALM 51:13-19—Rebuilding

- 12. Why does God want us to praise Him and to share what He is doing in our lives with others?
- 13. What type of sacrifice does David say God wants? vs. 16-17
- 14. How does knowing that God will never "reject a broken and repentant heart "encourage you?

DAY 5 PSALM 51—Wrap Up

- 15. It is when we are truly honest with God that we find His mercy and grace. Is there any area of your life that you need to be honest with God about?
- 16. The choices we make today will affect our lives in the future. How can this be positive? How can this be negative?

TAKE AWAY

Write down the sins you remember from this week. Tell God you are truly sorry.. Draw a cross over the list. Rip up the sheet to show God forgives and forgets your sins.

BLESSING

Once you have confessed your sin, there is no room for guilt, for hating yourself, or for shame before God. God banished guilt at the cross. Don't let it steal your life!

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Have Mercy on Me

Psalm 51

A psalm of David, regarding the time Nathan the prophet came to him after David had committed adultery with Bathsheba.

1 Have mercy on me. O God. because of Your unfailing love. Because of Your great compassion, blot out the stain of my sins. 2 Wash me clean from my guilt. Purify me from my sin. 3 For I recognize my rebellion; it haunts me day and night. 4 Against You, and You alone, have I sinned; I have done what is evil in Your sight. You will be proved right in what You say, and Your judgment against me is just. 5 For I was born a sinneryes, from the moment my mother conceived me. 6 But You desire honesty from the womb, teaching me wisdom even there. 7 Purify me from my sins, and I will be clean; wash me, and I will be whiter than snow. 8 Oh, give me back my joy again; You have broken me - now let me rejoice. 9 Don't keep looking at my sins. Remove the stain of my guilt. 10 Create in me a clean heart. O God. Renew a loyal spirit within me. 11 Do not banish me from Your presence, and don't take your Holy Spirit from me. 12 Restore to me the joy of Your salvation, and make me willing to obey You. 13 Then I will teach Your ways to rebels, and they will return to You. 14 Forgive me for shedding blood, O God who saves; then I will joyfully sing of Your forgiveness. 15 Unseal my lips, O Lord, that my mouth may praise You. 16 You do not desire a sacrifice, or I would offer one. You do not want a burnt offering. 17 The sacrifice You desire is a broken spirit. You will not reject a broken and repentant heart, O God. 18 Look with favor on Zion and help her: rebuild the walls of Jerusalem. 19 Then You will be pleased with sacrifices offered in the right spirit with burnt offerings and whole burnt offerings.

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Then bulls will again be sacrificed on Your altar.

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