


A Thankful Heart

 MEMORY VERSE: "I give you thanks, O Lord, with all my heart." Psalm 138:1a



PSALM 138:1-2 Thank God With All Your Heart

1. What do you think it looks like to give thanks to God with "all your heart?" What do you think it means to sing God's praises "before the gods?" v. 1
2. Why is David praising the Lord? v. 2 Why are God's love and faithfulness crucial for our ability to relate to Him?
3. What does it mean that God's promises are backed by all the honor of His name? How does the Word of God inspire us to worship?



PSALM 138:3-6 Reasons for Praise

4. What does David tell us about God in verse 3? How does knowing God will answer your prayers (even if it is "no" or "wait") encourage you and give you strength?
5. Why does the Lord draw humble people near Him but hold the proud at a distance? Where is pride a problem in your life?
6. How does praising God keep us humble and turn us from our pride? Are there any areas of your life where you need to turn pride into praise this week?



PSALM 138:7-8 God's Right Hand

7. What is David confident of in verse 7?

8. Read verse 8. David has chosen to walk with the Lord and therefore knows the Lord WILL work out His plans for David's life. Why should we want God's plans for our life and not our own?

9. Why does David ask God to not abandon him? How does this reminder of who made us encourage you when you feel "abandoned?"

BELIEVE THE TRUTH

Psalm 138 is a song of praise to the Lord. King David tells us that there is only one way to worship God—with our whole heart. That as we understand God's unfailing love, God's faithfulness, and God's promises in the Bible, our hearts will be filled with thanksgiving. As we see answered prayers and God's protection, we will praise Him. As we learn that God makes life worth living we will have humility, confidence and peace.

PRAY THE TRUTH

Dear God,
Thank you for the reminder to praise you with my whole heart. You are so deserving of my praise, and I am grateful for your protection, love, and direction. Remind me to sing your praises and share the glory of God with those around me. Thank you!
Amen.

WALK IN TRUTH



What does praising and thanking God look like to you?

Name a few ways you will praise and thank God this week.



Psalm 138 (NLT)

A psalm of David.

- 1 I give you thanks, O Lord, with all my heart;
I will sing your praises before the gods.
- 2 I bow before Your holy Temple as I worship.
I praise Your name for Your unfailing love and faithfulness;
for Your promises are backed
by all the honor of Your name.
- 3 As soon as I pray, You answer me;
You encourage me by giving me strength.
- 4 Every king in all the earth will thank you, Lord,
for all of them will hear Your words.
- 5 Yes, they will sing about the Lord's ways,
for the glory of the Lord is very great.
- 6 Though the Lord is great, He cares for the humble,
but He keeps His distance from the proud.
- 7 Though I am surrounded by troubles,
You will protect me from the anger of my enemies.
You reach out Your hand,
and the power of Your right hand saves me.
- 8 The Lord will work out His plans for my life—
for Your faithful love, O Lord, endures forever.
Don't abandon me, for You made me.

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