



The Tongue's Potential



MEMORY VERSE: From a wise mind comes wise speech; the words of the wise are persuasive. Kind words are like honey- sweet to the soul and healthy for the body. Proverbs 16:23,24



Hearts Determine Words

 It's been said that, "what's down in the well comes up in the bucket." Our hearts and minds are like the water in the well and our words, attitudes and actions are what come up in the bucket. What is the connection between our **tongues and our hearts**? 10:8

10:20,21 12:20,23 15:7 15:28 15:31,32 16:20,21

17:9,10

18:2

29:20

- 2. Do any of these Proverbs challenge or convict you regarding your heart and speech?
- 3. Have you seen growth in your own life in the way you speak?
- 4. According to previous lessons in Proverbs, how can we have hearts that cause us to speak wise and helpful words?



Wise Guidance for Speaking and Listening

5. What rules, warnings and advice does the Bible give us regarding what we should say or to whom we should listen? 15:22

17:10

17:27,28

18:2,6-8

18:13

20:3

20:19-20

21:13

21:23

22:10-11

23:9

24:28,29

27:1-2

27:5,6

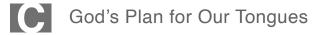
27:14-16

- 6. Which do you find most difficult- speaking words of wisdom, remaining silent, or being a good listener?
- 7. Do you know people who are good at speaking, staying silent or listening? How do you feel when you are with them?
- 8. Why do you think each is so important? speaking

being silent

listening

9. Proverbs 26:4-5 seems like a contradiction at first. What do you think these 2 verses actually mean?



 How do the following verses inspire you regarding the power and potential you have in your own tongue? 14:25

15:23

15:30

16:23,24

18:20-21 (last week's memory verse!)

20:15,21

24:26

25:11-13

- 11. When have you been dramatically negatively impacted by someone's words to you?
- 12. Think about what lies you might be believing about yourself. Recognize them and find Scriptures that are true and meditate on those. For example: Lie: I'm ugly. Truth: I am fearfully and wonderfully made. Psalm 139:13-18
- 13. When have you been dramatically positively impacted by someone's words to you?
- 14. What do you feel you need most right now in the area of your speech?
- 15. What is one thing you can focus on right now to help you to realize the marvelous potential of your tongue?

