

God Protects You



MEMORY VERSE: “The Lord says, “I will rescue those who love Me. I will protect those who trust in My name. When they call on Me, I will answer; I will be with them in trouble. I will rescue and honor them.” Psalm 91:14-15

God created you, loves you and wants to have a relationship with you. If you choose to allow God to be your “shelter”, all these promises are yours.

DAY 1 PSALM 91:1-2—Faith and Trust in God

1. The author of this psalm is unknown, but for thousands of years this psalm has been an inspiration, comfort, and promise for warriors in harm’s way. What does the author say in verses 1-2?
2. These verses include four names for God - Most High, the Almighty, Lord and My God. Why do you think the writer chose these names for God? What is significant to you about each one?
3. What would it be like to be in God’s shadow?
4. How is the Lord your refuge and place of safety?

DAY 2 PSALM 91:3-8—Peace and Life with God

5. What will God do for you? vs. 3-4 (write the action words)
Which of these words impact you the most? Why?

6. What specific ways does God protect and care for His people?

7. What is the result of God's protection and care? vs. 5-6

8. In life the Lord may permit terrible things to happen to His children, as He did to His own Son, Jesus. This is why Jesus prayed to God on our behalf, "*I'm not asking You to take them out of the world, but to keep them safe from the evil one.*" (John 17:15) How does having God as a shelter and refuge give you strength and courage no matter what you face?

DAY 3 PSALM 91:9-13—Promise of Deliverance

9. Again, these verses are not regarded as an absolute promise for every believer in every circumstance, but a general expression of God's protection, comfort and care for His people. What way may God send His protection and care to His people? vv. 9-10

10. What is another way God may send His protection and care to His people? vv. 11-12

11. What is your reaction to verses 11-12?

12. Put "I", "MY" or "ME" in blanks of verses 9-11:

"If _____ make the Lord _____ refuge, if _____ make the Most High _____ shelter, no evil will conquer _____ ... God will order His angels to protect _____ wherever _____ go."

DAY 4 PSALM 91:14-16—Promise and Blessing

13. What does the Lord say He will do for those who love Him and trust in His name? vv.14-16

14. Why is it crucial to remember and expect God to keep these promises to you?

DAY 5 PSALM 91—Wrap Up

15. How is this Psalm reassuring, comforting and encouraging to you?

16. Knowing that everyone will suffer difficult and hard times, do you think is it better to suffer with God than without Him? Why?

TAKE AWAY

Tape this Psalm up on your mirror, so you will see it everyday before you face your day!

BLESSING

“God’s faithful promises are your armor and protection.” Psalm 91:4b

God Protects You

- 1 Those who live in the shelter of the Most High
will find rest in the shadow of the Almighty.
2 This I declare about the Lord:
He alone is my refuge, my place of safety;
He is my God, and I trust him.
3 For He will rescue you from every trap
and protect you from deadly disease.
4 He will cover you with His feathers.
He will shelter you with His wings.
His faithful promises are your armor and protection.
- 5 Do not be afraid of the terrors of the night,
nor the arrow that flies in the day.
6 Do not dread the disease that stalks in darkness,
nor the disaster that strikes at midday.
7 Though a thousand fall at your side,
though ten thousand are dying around you,
these evils will not touch you.
8 Just open your eyes,
and see how the wicked are punished.
- 9 If you make the Lord your refuge,
if you make the Most High your shelter,
10 no evil will conquer you;
no plague will come near your home.
11 For He will order His angels
to protect you wherever you go.
12 They will hold you up with their hands
so you won't even hurt your foot on a stone.
13 You will trample upon lions and cobras;
you will crush fierce lions and serpents under your feet!
- 14 The Lord says, "I will rescue those who love Me.
I will protect those who trust in My name.
15 When they call on Me, I will answer;
I will be with them in trouble.
I will rescue and honor them.
16 I will reward them with a long life
and give them My salvation."

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