

Praise the Lord



MEMORY VERSE: “Let all that I am praise the Lord; with my whole heart, I will praise His holy name. Let all that I am praise the Lord; may I never forget the good things He does for me.” Psalm 103:1-2

This is a praise psalm - joyful thanking and adoring of God - celebrating His goodness and grace.

DAY 1 PSALM 103:1-5—Praising God for His Benefits

1. How does David begin this Psalm? vs. 1-2
2. Why is it important for us to praise God for His character and for who He is?
3. What 6 special blessings from God (benefits of knowing Him) are listed in verses 3-5?
4. Which benefit speaks to you most right now? Why?

DAY 2 PSALM 103:6-13—Praising God for His Mercy and Compassion

5. God reveals His “*character*” and “*deeds*” to His people. What does God do for those treated unfairly? vv.6-7
6. Verses 8-10 talk about God’s forgiveness toward our sins - why should this make us praise Him?

7. Why do you think David uses the illustrations he does in verses 11-12?

8. Can you think of a time God has had compassion on you?

DAY 3 PSALM 103:14-18—The Greatness of God

9. What do verses 14-16 tell you about yourself?

10. How does verse 17 encourage you?

11. How does verse 18 challenge you?

DAY 4 PSALM 103:19-22—God and His Creation

12. Verse 19 says God's kingdom rules over all, why should this make us want to praise Him?

13. David wants everyone united in singing out praises to God. Who are the 4 groups David tells to praise God in verses 20-21?

14. Why do you think we are told to praise all the Lord's works everywhere?

15. How does David end this Psalm? v. 22

DAY 5 PSALM 103—Wrap Up

16. Why is it important to take time to think about all the benefits of belonging to Christ—all the blessings and the sometimes forgotten enrichment that God provides for His children?

17. How can you be more intentional with your gratitude and praise of God?

TAKE AWAY

David gives us a lot of SPECIFIC things about God that are worthy of our praise: His greatness, His forgiveness, His compassion, His works, and He tells us to praise Him everywhere! For WHAT and WHERE do you feel called to praise God this week?

BLESSING

“God has removed our sins as far from us as the east is from the west.” Psalm 103:12

Praise the Lord

A psalm of David.

- 1 Let all that I am praise the Lord;
with my whole heart, I will praise His holy name.
- 2 Let all that I am praise the Lord;
may I never forget the good things He does for me.
- 3 He forgives all my sins
and heals all my diseases.
- 4 He redeems me from death
and crowns me with love and tender mercies.
- 5 He fills my life with good things.
My youth is renewed like the eagle's!
- 6 The Lord gives righteousness
and justice to all who are treated unfairly.
- 7 He revealed His character to Moses
and His deeds to the people of Israel.
- 8 The Lord is compassionate and merciful,
slow to get angry and filled with unfailing love.
- 9 He will not constantly accuse us,
nor remain angry forever.
- 10 He does not punish us for all our sins;
He does not deal harshly with us, as we deserve.
- 11 For His unfailing love toward those who fear Him
is as great as the height of the heavens above the earth.
- 12 He has removed our sins as far from us
as the east is from the west.
- 13 The Lord is like a father to His children,
tender and compassionate to those who fear Him.
- 14 For he knows how weak we are;
He remembers we are only dust.
- 15 Our days on earth are like grass;
like wildflowers, we bloom and die.
- 16 The wind blows, and we are gone—
as though we had never been here.
- 17 But the love of the Lord remains forever
with those who fear Him.
- His salvation extends to the children's children
- 18 of those who are faithful to His covenant,
of those who obey His commandments!
- 19 The Lord has made the heavens His throne;
from there He rules over everything.
- 20 Praise the Lord, you angels,
you mighty ones who carry out His plans,
listening for each of His commands.
- 21 Yes, praise the Lord, you armies of angels
who serve Him and do His will!
- 22 Praise the Lord, everything He has created,
everything in all His kingdom.
Let all that I am praise the Lord.

