# TRUTH Psalms - Psalm 86













## **God Hears Our Prayers**



MEMORY VERSE: "O Lord, you are so good, so ready to forgive, so full of unfailing love for all who ask for your help." Psalm 86:5



PSALM 86:1-7 Cry Out to God for Help

- 1. Read verses 1-4. The Psalms are a great example of what it looks like to be in relationship with God. What do these verses show you about the relationship David has with God?
- 2. Read verse 5. Are you ever hesitant to ask God for His help? How does this verse encourage you to do so anyway?
- 3. Read verses 6-7. Do you believe that God hears and answers your prayers?



PSALM 86:8-13 All Glory to God

- 4. What does David say about God? vv. 8-10
- 5. What was David asking the Lord to teach him, in verse 11? Why is that so important?
- 6. Read verses 12-13. What happens when we put our focus upon who God is and what He has done for us?























#### PSALM 86:14-17 God of Mercy and Compassion

- 7. Summarize verse 15. How does this verse impact you?
- 8. What does David ask God for? vv. 16-17 Do you ever think to ask God for these things? Why or why not?
- 9. David prays genuinely to God with an open heart knowing that God will always answer according to His will. What happens when we pray like this? How are we changed?

#### BELIEVE THE TRUTH

In Psalm 86, David brings his troubles to God openly and honestly and asks for help. He's sure that even though his situation is dire, God is bigger and desires to show mercy to those whom He loves. God promises to take care of His children and protect them from evil. This does not mean we will never face problems but it does mean that God will use whatever we face to teach us, to remind us and to mold us in His likeness.

#### PRAY THE TRUTH

Heavenly Father, God of compassion, mercy and love, I know You hear me when I come to You in prayer. You never get tired of us coming to You. I trust that You are always faithful to answer our prayers in Your timing. Please continue to teach me Your ways so that I may live according to Your truth. May I always praise You in good times and times of trouble. In Jesus name I pray, Amen.

#### WALK IN TRUTH



This Psalm is such a cool example of David's response in times of trouble: he goes straight to God and asks boldly for help, protection, mercy, and God's favor. How can you apply this in your life?















### Psalm 86 (NLT)

A prayer of David.

1 Bend down, O Lord, and hear my prayer; answer me, for I need your help.
2 Protect me, for I am devoted to you.
Save me, for I serve you and trust you.
 You are my God.
3 Be merciful to me, O Lord, for I am calling on you constantly.
4 Give me happiness, O Lord,

for I give myself to you.
5 O Lord, you are so good, so ready to forgive,

so full of unfailing love for all who ask for your help.
6 Listen closely to my prayer, O Lord;
hear my urgent cry.

7 I will call to you whenever I'm in trouble, and you will answer me.

8 No pagan god is like you, O Lord. None can do what you do!

9 All the nations you made will come and bow before you, Lord; they will praise your holy name.

10 For you are great and perform wonderful deeds.
You alone are God.

11 Teach me your ways, O Lord, that I may live according to your truth!

Grant me purity of heart,

so that I may honor you.

12 With all my heart I will praise you, O Lord my God.

I will give glory to your name forever, 13 for your love for me is very great.

You have rescued me from the depths of death.

14 O God, insolent people rise up against me; a violent gang is trying to kill me.

You mean nothing to them.

15 But you, O Lord,

are a God of compassion and mercy, slow to get angry

and filled with unfailing love and faithfulness.

16 Look down and have mercy on me.

Give your strength to your servant;

save me, the son of your servant. 17 Send me a sign of your favor.

Then those who hate me will be put to shame, for you, O Lord, help and comfort me.

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