

The Fruit of the Spirit



MEMORY VERSE: "But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control."
Galatians 5:22-23



Galatians 5:16-21 Living Without the Holy Spirit

1. As humans we all have a sinful nature. But when we become Christians we have the gift of the Holy Spirit. What does Paul tell us we are supposed to let the Holy Spirit do and why?
v. 16
2. Can you think of a time when you WANT to be good, but it feels really hard? According to verse 17, why is it hard to do the good things that we want to do? What does this tell us about how the Holy Spirit works?
3. Verses 19-21 list some of the results of following our sinful nature. Why doesn't God want us to live this way?



Galatians 5:22-23 The Fruit of the Spirit

4. What does it mean when it says 'The Holy Spirit produces fruit?' List the nine fruit of the Spirit.
5. How do the sinful traits (vv. 19-21) compare to the Godly traits (vv. 22-23)?
6. The fruit of the Spirit is a gift and the work of the Holy Spirit. How does this encourage you? What is our role in seeking and receiving the fruit?



Galatians 5:24-26 Living With the Holy Spirit

7. Read verse 24. What happens to our sinful desires when we become Christians? How does this give you hope moving forward?
8. How do we change to be less sinful and more like Jesus? v. 25 What might it look like to follow the Spirit's leading?
9. Why do you think God wants the Holy Spirit to produce fruit in our lives?
10. How can you see the fruit of the Spirit growing in your life?

BELIEVE THE TRUTH

We are given an incredible gift when we choose to give our life to Jesus and follow Him: The Holy Spirit. And through the Spirit we have the power and strength of God Himself! We can have all the fruit of the Spirit because they are products of the Holy Spirit working in us. Jesus lived out these traits in His life on earth, and we are to strive to do the same as we grow spiritually. May you follow the Spirit in your life to turn away from sin and be more like Christ.

PRAY THE TRUTH

Dear Jesus, Thank You for the gift of Your Holy Spirit. I ask that You would help me to follow the Spirit in my life at all times. Help me to turn from my sinful desires and to produce the fruit of the Spirit instead. I want others to know You because of my love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self control. Amen.

WALK IN TRUTH



What fruit are you going to ask the Holy Spirit for this week? How are you going to seek and receive it?

We encourage you to memorize the verse related to the fruit on the back of the Scripture page.



Galatians 5:16-26 (NLT)

16 So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves. 17 The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions. 18 But when you are directed by the Spirit, you are not under obligation to the law of Moses.

19 When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, 20 idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, 21 envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have before, that anyone living that sort of life will not inherit the Kingdom of God.

22 But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, and self-control. There is no law against these things!"

24 Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. 25 Since we are living by the Spirit, let us follow the Spirit's leading in every part of our lives. 26 Let us not become conceited, or provoke one another, or be jealous of one another.

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