


Do Not Lie

 MEMORY VERSE: "The LORD detests lying lips, but he delights in those who tell the truth." Proverbs 12:22



Exodus 20:16 Do Not Testify Falsely

1. What is the 9th commandment? What does it mean to "testify falsely?" See definition of false testimony.
2. How could the following be considered 'false testimony' and be harmful to others?
Lying
Gossip
White Lies/Half Truths
3. What does Proverbs 14:25 say a truthful witness does? What do you think it means to "breathe out lies" and why don't you think God wants us to be like this?



Proverbs 12:22 God Hates Lies

4. Read Proverbs 12:22. Detests is another word for hates. How seriously does God take lying? Why do you think that is?
5. Read Proverbs 19:9. What are the consequences of bearing false witness and lying?
6. Lies harm ourselves, others, and our relationship with God. How have you experienced this in your life?



Ephesians 4:15 Speak Truth In Love

7. According to Ephesians 4:15, how are we supposed to speak? What do you think this means?
8. Read Colossians 3:9-10. Why aren't we supposed to lie as Christians? What does it mean to put off the old self and its ways?
9. From the above two verses, who are we to be like? What do you think that looks like?
10. This lesson shows us that our words can either be untruthful and harmful, or they can be truthful and filled with love. Are you representing God well with the words you speak?

BELIEVE THE TRUTH

The Ninth Commandment tells us to not lie, to not tell stories that are untrue about people. When you tell a lie, you hurt yourself as well as others. Sometimes telling the truth is not easy; in fact, it can be downright unpleasant. But we are called to be truth-tellers, so that all our friends and family want to know God like we do! God's love for us drives out fear, and He promises to help us if we tell the truth.

PRAY THE TRUTH

Dear God, thank you for your commandments that are meant for my good. Please help me to take lying as seriously as You do. Give me the courage to speak truth always, especially when it is hard. And help me to be more and more like You everyday. Amen.

WALK IN TRUTH



When do you find yourself most tempted to lie? What will you do differently next time you find yourself in that situation (OR tempted to lie)?



Various References (NLT)

Exodus 20:16: “You must not testify falsely against your neighbor.”

False Testimony: making an untrue statement with the intent to deceive; speak evil against someone. Includes all lies, half-truths and white lies.

Proverbs 14:25 A truthful witness saves lives, but one who breathes out lies is deceitful.

Proverbs 12:22 The LORD detests lying lips, but he delights in those who tell the truth.

Proverbs 19:9 A false witness will not go unpunished, and a liar will be destroyed.

Ephesians 4:15: “Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church.”

Colossians 3:9-10: “Don’t lie to each other, for you have stripped off your old sinful nature and all its wicked deeds. Put on your new nature, and be renewed as you learn to know your Creator and become like him.”

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