

Help and Healing



MEMORY VERSE: "He heals the brokenhearted and binds up their wounds."
Psalm 147:3



MARK 1:29-35 Healing

1. Jesus, James and John went to Simon and Andrew's house. What did Jesus do when He heard Simon's mother-in-law had a high fever? vv. 29-31 What do you notice about the way Jesus interacted with this sick woman?
2. What happened after sunset that night? vv. 32-34 What do you suppose the people thought who were watching at the door?
3. Read verse 35. Why do you think Jesus did what He did the next morning? What do we learn from this?



MARK 1:36-42 Compassion

4. Read verses 36-38. Why do you think everyone was looking for Jesus? Why is it important for Jesus to move on and preach to other towns?
5. Read verses 40-42. Leprosy was a terrible disease with no cure. The people with leprosy had to stay away from other people. What strikes you about the meeting between the man with leprosy and Jesus?
6. Jesus touched people, many who were considered untouchable. Why do you think Jesus' power so often worked through compassion and touch?



MARK 2:1-5, 9-12 Faith and Forgiveness

7. A paralytic is someone who cannot use their arms or their legs. What did the paralytic man's friends do to help him get to Jesus? What quality impresses you the most about these four friends of the paralyzed man?

8. What two things did Jesus do for the paralyzed man? Which was most important?

9. What was the result of this miracle?

10. Do you think seeing these miracles in person would affect your belief in Jesus?

BELIEVE THE TRUTH

Jesus has the power to heal people and to help them. Even more importantly, He has the power and authority to forgive our sins. Jesus had compassion for those that suffered, and He touched people who were considered unworthy of any love or affection. If we love like Jesus, with compassion and truth, people will want to know Him.

"The Lord is good to everyone. He showers compassion on all His creation."
Psalm 145:9

PRAY THE TRUTH

Dear Lord Jesus, I believe you can heal us both physically and spiritually. Please help me to love others the way you did- so that they see Your love and want to be healed by You too. Remind me to see everyone, even the ones that are "untouchable" the way that you do. Amen.

WALK IN TRUTH



Can you think of anyone in your life that might need to experience the healing power of Jesus Christ? How can you help show it to them?



Mark 1:29-42; Mark 2:1-5, 9-12 (NLT)

Jesus Heals Many People

29 After Jesus left the synagogue with James and John, they went to Simon and Andrew's home. 30 Now Simon's mother-in-law was sick in bed with a high fever. They told Jesus about her right away. 31 So he went to her bedside, took her by the hand, and helped her sit up. Then the fever left her, and she prepared a meal for them.

32 That evening after sunset, many sick and demon-possessed people were brought to Jesus. 33 The whole town gathered at the door to watch. 34 So Jesus healed many people who were sick with various diseases, and he cast out many demons. But because the demons knew who he was, he did not allow them to speak.

35 Before daybreak the next morning, Jesus got up and went out to an isolated place to pray.

36 Later Simon and the others went out to find him. 37 When they found him, they said, "Everyone is looking for you." 38 But Jesus replied, "We must go on to other towns as well, and I will preach to them, too. That is why I came." 39 So he traveled throughout the region of Galilee, preaching in the synagogues and casting out demons.

40 A man with leprosy came and knelt in front of Jesus, begging to be healed. "If you are willing, you can heal me and make me clean," he said.

41 Moved with compassion,[a] Jesus reached out and touched him. "I am willing," he said. "Be healed!" 42 Instantly the leprosy disappeared, and the man was healed. the offering required in the law of Moses for those who have been healed of leprosy.

Mark 2:1-5

Jesus Heals a Paralyzed Man

1 When Jesus returned to Capernaum several days later, the news spread quickly that he was back home. 2 Soon the house where he was staying was so packed with visitors that there was no more room, even outside the door. While he was preaching God's word to them, 3 four men arrived carrying a paralyzed man on a mat. 4 They couldn't bring him to Jesus because of the crowd, so they dug a hole through the roof above his head. Then they lowered the man on his mat, right down in front of Jesus. 5 Seeing their faith, Jesus said to the paralyzed man, "My child, your sins are forgiven."

Mark 2:9-12

9 Is it easier to say to the paralyzed man 'Your sins are forgiven,' or 'Stand up, pick up your mat, and walk'? 10 So I will prove to you that the Son of Man has the authority on earth to forgive sins." Then Jesus turned to the paralyzed man and said, 11 "Stand up, pick up your mat, and go home!" 12 And the man jumped up, grabbed his mat, and walked out through the stunned onlookers. They were all amazed and praised God, exclaiming, "We've never seen anything like this before!"

Compassion: sharing the hurts of another and wanting to help

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